

This log belongs to \_\_\_\_\_

# My Reading Log



The Extensive Reading Foundation

<https://erfoundation.org>

# The 5-finger rule

To find a good reading level, choose a book.  
Open to any page. Read it. On your  
hand, count the number of new words.

0-1 new words = too easy.

**2-3 = This level is perfect!**

4 = This is a "challenge" level.

It is a little difficult. But you can try it if the book  
seems really interesting.

5 or more = Too difficult.

If a book is too difficult, you probably  
won't enjoy it.



[www.ERFoundation.org](http://www.ERFoundation.org)

Based on an idea from Hiebert & Reutzel,  
*Revisiting Silent Reading*,  
International Reading Association. 2010

1. Use the 5-Finger Rule to find an easy book.
2. Read the information on the back cover.
3. Look at the pictures, too.
4. Start to read it!
5. Don't look up any words if you can almost understand it.
6. Try to read quickly.
7. Don't translate the words into your own language.
8. Just read and enjoy the story!
9. If the book is too difficult, stop reading and find another one!
10. Write down the information in your log.











