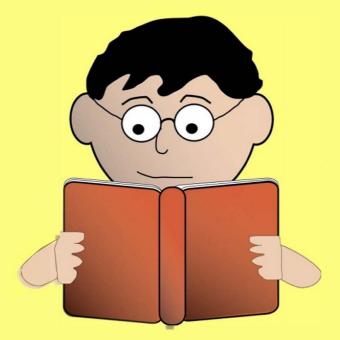
My Reading Log





The Extensive Reading Foundation https://erfoundation.org

The 5-finger rule

To find a good reading level, choose a book. Open to any page. Read it. On your hand, count the number of new words.

0-1 new words = too easy.

2-3 = This level is perfect!

- 4 = This is a "challenge" level. It is a little difficult. But you can try it if the book seems really interesting.
- 5 or more = Too difficult. If a book is too difficult, you probably won't enjoy it.

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www.ERFoundation.org
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Based on an idea from Hiebert & Reutzel, Revisiting Silent Reading, International Reading Association. 2010

- 1. Use the 5-Finger Rule to find an easy book.
- 2. Read the information on the back cover.
- 3. Look at the pictures, too.
- 4. Start to read it!
- Don't look up any words if you can almost understand it.
- 6. Try to read quickly.
- 7. Don't translate the words into your own language.
- 8. Just read and enjoy the story!
- 9. If the book is too difficult, stop reading and find another one!
- 10. Write down the information in your log.

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